

CHINA ARTS COLLEGE
ACADEMIC YEAR 2018 – 2019
Weekend Courses & Workshops

H/Date	26/08/18	15/09/18	20/10/18	27/10/18	03/11/18	10/11/18	18/11/18
10 to 12		YQG: QLG	TJQ ST & FJ		TJQ CT 1		
12 to 1	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break
1 to 3	OPEN DAY	YQG: QLG	TJQ ST & FJ	TM 1	TJQ CT 1	TM 2	TJQ TS & SS 1
3 to 5	OPEN DAY			TM 1		TM 2	TJQ TS & SS 1

H/Date	1/12/2018	2/12/2018	15/12/2018	19/1/2019	26/1/2019	27/1/2019	2/2/2019
10 to 12							
12 to 1	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break
1 to 3	TM 3	TJQ CT 2	TJQ SW	TM 4	TJQ SW	TJQ TS & SS 2	TAOMED 1
3 to 5	TM 3	TJQ CT 2	TJQ SW	TM 4	TJQ SW	TJQ TS & SS 2	TAOMED 1

H/Date	09/02/19	10/02/19	16/02/19	23/02/19	02/03/19	10/03/19	16/03/19
10 to 12	ZHUANGZI	ZHUANGZI					
12 to 1	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break
1 to 3	ZHUANGZI	ZHUANGZI	TM 5	TJQ SW	TAOGEN 2	TJQ TS & SS 3	TM 6
3 to 5	ZHUANGZI	ZHUANGZI	TM 5	TJQ SW	TAOGEN 2	TJQ TS & SS 3	TM 6

H/Date	23/03/19	24/03/19	15/06/19	16/06/19	22/06/19	23/06/19
10 to 12						
12 to 1	lunch break	lunch break	lunch break	lunch break	lunch break	lunch break
1 to 3	TJQ SW	TJQ TS & SS 4	TJQ TS & SS 5	TJQ TS & SS 6	TJQ SW	TJQ SW
3 to 5	TJQ SW	TJQ TS & SS 4	TJQ TS & SS 5	TJQ TS & SS 6	TJQ SW	TJQ SW

<p>DATE FORMAT: day/month/year Abbreviations: YQG: yuanqigong QLG: qinglonggong (the dark blue-green dragon's exercises) TJQ: taijiquan ST & FJ: stances and fajin (developing energies and martial applications) TM: Taoist massage (advanced students) CT: classical texts TS & SS: tuishou (pushing hands) and sanshou (combined and free martial applications) TAOMED: background information about Taoist Medicine (study of jing [the conduits] in the practice of Taoist Medicine) SW: techniques and martial applications of the straight sword</p>	<p>Remarks: We also teach classes on Monday, Tuesday, and Wednesday from 7:30 pm till 9:30 pm. Monday: yuanqigong; Tuesday: taijiquan, and Wednesday: xinyiliuhequan (shidaxing) and baguazhang. During the summer months we organize summer workshops and we teach evening classes on Monday (internal martial arts).</p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------